Sociocultural Adaptation Scale

(Adapted from Ward & Kennedy, 1999 and Wilson, 2013)

Please cite this instrument as

This study aims to find out the adaptability of American EFL teachers to Turkish culture. Please check the box below to indicate that you consent to participate in this study.

[ ] I voluntarily participate in this study.

Age:
Length of stay in Turkey in terms of month: ________________ months

Gender:
[ ] Male  [ ] Female

Place of work:
City (Turkey):
State/City (USA):

Education background: (Please put an ‘X’ to appropriate boxes. More than one is possible.)

[ ] Undergraduate (Department: ____________________________)
[ ] MA degree  (Department: ____________________________)
[ ] PhD degree   (Department: ____________________________)

Are you TESOL/TEFL/CELTA certified?  [ ] Yes  [ ] No

How long have you been teaching?: ________________ years

Have you been abroad to a country other than Turkey for more three months?
If so, where?: ________________

Please indicate how much difficulty you experience in Turkey in each of these areas by using the following 1 to 5 scale:

1=no difficulty   2=slight difficulty   3=moderate difficulty
4=great difficulty 5=extreme difficulty

1. Making Turkish friends.
2. Finding food that you enjoy.
3. Following rules or regulations.
4. Dealing with people in authority.
5. Managing your work responsibilities.
6. Using the public transportation system.
7. Dealing with bureaucracy.
8. Understanding the Turkish value system.
10. Seeing things from a Turkish point of view.
11. Going shopping for daily needs.
12. Dealing with someone who is unpleasant.
13. Understanding jokes or humor.
15. Going to community events or social gatherings.
16. Dealing with people staring at you.
17. Understanding ethnic or cultural differences.
18. Obtaining the services I require (i.e. hospital, bank, etc.).
20. Adapting to local worship practices.
21. Interacting with members of the opposite sex.
22. Finding your way around.
23. Understanding the Turkish political system.
24. Maintaining your personal interests.
25. Dealing with the climate.
26. Understanding other people’s body language (i.e. gestures, facial expression, etc.).
27. Understanding family relationships.
28. Adapting to the pace of life.
29. Understanding other people’s emotions.

Please write below the five (5) items from the list above that you think are most important in adapting successfully to a new culture. Please list the items in order of importance beginning with the most important:

1. ____________________________________________________________
2. ____________________________________________________________
3. ____________________________________________________________
4. ____________________________________________________________
5. ____________________________________________________________